Daily Word



A UNITY PUBLICATION
JUNE 1950

Class Thoughts

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, and understanding for the good of all humanity.

MAY 20 to JUNE 19

ILLUMINATION (11 a. m.): I am a spiritual being. My mind is open to the wisdom of Spirit, and I walk in ways of peace.

PROSPERITY (12 noon): I am a spiritual being claiming my spiritual inheritance. The riches of the kingdom are mine.

HEALING (9 p. m.): I am a spiritual being flooded with spiritual life, radiating spiritual wholeness.

JUNE 20 to JULY 19

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ILLUMINATION (11 a. m.): I abide with Thee, Lord. Thy wisdom in my mind. Thy love in my heart. Thy peace in my life.

PROSPERITY (12 noon): Con I abide with Thee, Lord. Thy Cen love provideth for my needs. Thy wisdom prospereth me.

HEALING (9 p. m.): I abide with Thee, Lord, Thou, Lord, art healing me.

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DAILY WORD

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DAILY LESSONS FOR JUNE

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Out of Darkness

ESTHER FRESHMAN

HERE ARE people living in what is often referred to as a "world of darkness," and they find their way in it only by using their finger tips, their ears, and their hearts to "see" with. These people are the physically sightless.

In my city a large number of these sightless people meet once a week in a large church, where they are instructed and entertained by persons who

do have their physical sight.

Within the walls of this church the blind enjoy busy hours. One huge room is equipped with tools and devices for teaching them leather tooling, rug weaving, knitting, and the like. Here also they may acquire the skill to fashion objects of art and craftsmanship, whose beauty only those who have eyes to see can fully appreciate.

In another room is conducted a class for "beauticians." In the church gymnasium downstairs gay music is played on a piano while partners who indeed do not see each other nevertheless enjoy the human companionship of dancing and the rhythm of dancing feet. In one of the chapels a group discusses the art of the short story, and down the hall a class in singing is rendering the Lord's Prayer with loving, worshipful voices.

In all these groups you might think that those who see are those who serve, but it soon becomes apparent that they are not so much serving the sightless as being served by them-through their and indomitable courage, their magnificent trusting their faith, their hope and confidence in the capabilities that remain to them, their loving appreciation and friendship. ntless

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Into the midst of these activities came a Mrs. Wylich, a woman who herself had good vision, but whose eyes were usually blurred with unhappiness and the tears of defeat and despair. Tragedy had bent Mrs. Wylich's shoulders forwith ward and etched deep lines in her sad face. Her

voice was toneless with discouragement.

Yes, Mrs. Wylich indeed had her physical sight, but even so she could not see her way in life at all. At every turn she seemed to meet some obstacle. She had recently lost her husband, and was looking at life through a great personal grief. Through the tears of her grief she could not see God's beauty around her; she could not see any good purpose in life. It seemed to her that all that was worth while in life had been taken away.

Wishing to help her, a kind, eager friend had brought Mrs. Wylich to the classes for the sightless in the belief that she might find healing for herself in helping others. It seemed however that the friend's judgment was not too accurate, for Mrs. Wylich's sighs deepened and became more frequent, and she extended her self-pity to include all these blind people that she felt God had forsaken along with herself.

But she did use her tear-filled eyes to guide her new friends to and from their various classes.

One day she was guiding a Mrs. Framptom to

the room where Braille was taught.

"We're a little early," Mrs. Framptom said, consulting her Braille timepiece, "and it's such a heavenly day. Would you mind if we stepped outside, into the churchyard, for a few minutes? The sun is glorious today!"

Mrs. Wylich was startled. She had not noticed whether the sun was shining when she came in the morning. The world was always dark and unhappy as far as she was concerned. But she guided Mrs. Framptom carefully down the church steps. In the churchyard they found a stone bench and

sat down together.

"Mm, this is one more of heaven's wonderful gifts today!" Mrs. Framptom said, her face alight with happiness, her hands outstretched as if she thought she might capture the sun's rays. "Just five minutes and then I must go on to my Braille class."

"How is it coming?" Mrs. Wylich asked.

"Oh, most of the people I am helping are doing beautifully," Mrs. Framptom answered. "I have five that I'm working with now."

"You are teaching-you are not learning then

in that class?" Mrs. Wylich asked amazed.

"I'm teaching, yes," the woman answered, and then with a lovely smile, "but I'm learning too. You know you learn a great deal by teaching, more than in most any other way. One of these days I am going to write a book, not about what I taught such but about what I learned when I was directing my business school." pped

"You mean you ran a school, and you've had to give it up now that you haven't your sight?"

"Well, I sold the school; it seemed advisable." Then Mrs. Framptom laughed gently. "I suppose it does seem unbelievable, but do you know, there aided are times when I forget I can't see with my eyes? steps. My days are so full there just aren't enough hours and in which to do all the things I want to do, to learn all the new things I want to learn and share. Oh, lerful how I want to share them!"

Mrs. Wylich shook her head. "And your hus-

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"Just "He passed on just one year before my blindness Braille came on." Mrs. Framptom's face had a tender expression but not one of despairing sorrow.

"In that little time God took away everything

from you, and you are still able to---'

Mrs. Framptom turned on the bench and "looked" at her guide. She spoke carefully: "God did not take anything from me. The love in my heart for my husband is as much a part of me as my breathing. God simply had a new road for him to take, just as He has a new road for me with this new kind of seeing I'm learning. God is good—always He is good—and there is no part of His plan but leads to His goodness. I am sure of that, Mrs. Wylich. It is my light, it is my strength

and my courage."

When Mrs. Wylich went home and was preparing her dinner that evening, she did not shed tears over it as was her custom; she was rather thinking of her new friend, Mrs. Framptom, preparing her dinner in the darkness. She thought of Mr. Bransing, all alone in his small apartment, fixing his dinner guided only by the eyes he had developed in his fingers! She recalled his laughter as he had told her how he had tried to find his telephone one night when it was ringing. "I found it too, just as my caller was going to hang up," he said proudly. She thought of the pride in Mr. Earl's voice and his eager fingers as he handled a lovely gold belt that he had designed and fashioned for the woman who had so faithfully driven him to the Braille classes week after week.

Mrs. Wylich placed her simple meal carefully on the table. She also did something she had not done in a long, long time. She sat down in her chair at the table and bowed her head: "Father," she said softly, "I thank You for this food that I can see, and for all the blessings that You permit me to see. Father, thank You for this light which has shown me the way to You."

Last week, after an absence, I had the joy of seeing Mrs. Wylich again. Into the strange gray world of the sightless there had come a new light. For this woman is now as a shining light as she teaches an enthusiastic class of the phys-

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Her eyes, which had become narrow and steely with bitterness are darkened now and made beautiful with the depth of compassion in them. They sparkle with the joy of service. The persons whom she is serving now see through her radiant, loving eyes, through the goodness of her grateful heart, and they find peace through the healing of her God-filled spirit.

Surely out of the darkness Mrs. Wylich found His light, which needs not eyes in order to be seen. She has found the lamp of His love to guide her, and she has found the light of His wisdom to make plain the way before her and those she

would help and guide and bless.

The Good Part

CLEDA REYNER

NE OF THE stories about Abraham Lincoln reveals a spirit that is quite as essential to the average person as it is to the President of the United States, that is as important in

everyday living as it is in state affairs.

General George B. McClellan, the commander of the Union armies, had little or no conception of the true character of Lincoln and frequently expressed contempt for him. He often kept the President waiting in the anteroom of his house while he transacted business with others. His discourtesies were so obvious that they were commented upon both by McClellan's staff and by newspaper correspondents. In response to such comments the President replied, "I will hold McClellan's horse if he will only bring us victory."

Lincoln could have demanded and gained the show of respect that was due his high office, but he was too much interested in the goal to permit

his pride to jeopardize its attainment.

Most of us are working toward goals that are important to us, but not all of us are able to relegate to a status of unimportance some of the lesser incidents that arise in our life. We allow ourselves to be hurt, to feel resentful and irritated, to feel slighted and put upon. Because we feel this way we often do and say things that keep much good from us.

Harmony, happiness, understanding—these are what we desire with our whole heart in our marriage, in our family, in our friendships, in our relations with our co-workers, in our neighborhood and community life. But in spite of our sincerity in desiring these things, we often hinder our own progress by making big issues out of little ones.

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A woman I know wanted nothing more than to make her marriage a happy one. She had been married unhappily once, and with all her heart she wanted her present marriage to be a happy one. But in the process of getting adjusted to her husband's ways she almost lost sight of her cherished goal. There was the matter of the sewing basket. She wanted it left by her chair, where it would be available when she wanted to use it. Besides to her own mind leaving it there gave a homelike touch to the living room. But in her husband's opinion this was disorder. He assigned a place to it, and he put it there when she did not. This irritated her. Then there was the matter of the towels. He put up a rack for his by the bathroom window, where

they could benefit by the light and air. This involved reaching with wet hands to get a towel every time he washed. Water thus dripped on the floor and the woman was exasperated.

One matter after another arose to bring out differences in their ideas and habits. The woman began to realize that her attention to these was lessening the spontaneous affection and companionship between herself and her husband. She decided that they were not important, not worth the toll they were taking of her happiness. So she chose to overlook the unimportant things and to give her attention to those which would make her marriage the happy one she had started out to make it. The harmonious relations she now enjoys with her husband, the interesting acquaintances she has made among his business associates, the trips she has accompanied him on, the enlarging of her mind and ideas through contact with his, the attractive little home that is theirsthese are some of the larger things she has gained through giving up the lesser ones. It seems coincidental that as she has been able to let go of the tenseness and irritability produced by these lesser cares the differences between her ideas and habits and her husband's have become fewer and fewer.

In discussing this matter of relative values a certain young man said he could see how his

tendency to magnify unimportant things had interfered with his progress in his work. So many things disturbed him and detracted from the congenial, tolerant attitude that was essential to the proper handling of his job. Another worker, who had more seniority and higher status than he extended his lunch hour and took other privileges that seemed neither honest nor just; he transacted personal business on company time and gave to others in the office work that was rightfully his own responsibility. So the younger man looked for and found ways of withholding his assistance and of letting the other man's laxities become evident. Finally he realized that this was a matter that he could not right and that he had better be about the business of taking care of his own job. It was a decision that paid dividends, and the unnecessary responsibility that he had taken upon himself was assumed by the right person at the right time.

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An editor once told me that he wished his writers would choose the endings of their articles and stories before they started on the beginnings. If a writer knows what he is working toward he is not so likely to go off on a tangent or indulge in irrelevancies. It is the same with living.

One day two neighbors were commenting on the unbroken neighborliness they had so long enjoyed. It could have been otherwise, I know, for both had

children, and the children had had the usual quarrels and differences. But the parents had chosen to keep their friendship intact. They had chosen to keep their differences small enough so that they could handle them without serious conflict or misunderstanding!

The idea of choosing the good part in a situation is not new. On a visit to Martha and Mary Jesus long ago took the occasion to point out the importance of doing this, and He did it in a way that has been helpful these twenty centuries

since.

When Martha had reached the point of exhaustion in performing her kitchen duties, as well as the point of exasperation at Mary's lack of helpfulness, she appealed to her guest by saying, "Lord, dost thou not care that my sister did leave me to serve alone? bid her therefore that she help me." Jesus answered her with the well-known words "Martha, Martha, thou art anxious and troubled about many things: but one thing is needful: for Mary hath chosen the good part." He said what so many guests would like to say to their hostesses: "Please do not make so much work out of this. I much prefer companionship and the stimulation of your gracious and loving spirit to the wellworked-out details of your serving. Let us have a simple meal so that we can enjoy one another

and so that I may not feel guilty about having caused you so much trouble."

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The Creator might very well say to all of us: "You are troubled about so many things that do not merit the concern you give them. The life I have given you was meant to be good. Happiness of heart, peace of mind, joy in living and growing are the things I want you to have, but you let so many things come between you and your heritage."

If you can decide what is important in our life, in our relationships, in the situations that arise, this decision alone will do much to determine our reactions toward whatever may come up. If we decide that we want such things as peace and understanding, happiness and harmony to predominate, then our magnanimous spirit, our understanding mind, and our loving heart will enable us to accept with grace and serenity those inevitable blows to our pride, those experiences of injustice and misunderstanding that no one entirely escapes, those feelings of self-pity with which we are all acquainted. As we thus evaluate and choose the "good part" in life, we shall be making the choice that all great souls have made. The satisfaction of heart and soul that will be ours plus the blessings that will fill our world will be God's way of telling us that we have indeed chosen the good part.

Thursday

I FEEL FREE AND EASY IN MY MIND ABOUT ALL PERSONS, BECAUSE MY TRUST IS IN GOD, WHO IS IN ALL.

ALL uneasiness about what other persons may say or think or do we can overcome by trusting in God.

If we find ourselves suspecting the motives or intentions of other persons, if we feel mistrustful of their words and actions, we need to increase our faith and trust in God. When we turn our thoughts to God, when we remember that His Spirit is in us and in all persons, when we remember that this is His world, that He is in charge, that His will for us and for all persons is good, we become more firmly established in our inner faith and are able to rise above the uneasy state of mind that causes us to doubt the goodness and integrity of our fellow men.

A feeling of faith and assurance fills us when we keep our mind stayed on God. We find too that the more we are able to depend upon and trust God's Spirit in ourselves the better we are able to perceive the same Spirit shining through

the hearts and minds of others.

^{*} Thou wilt keep him in perfect peace.—Isa. 26:3.

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"I WILL FEAR NO EVIL; FOR THOU ART WITH ME"

OD IS with me! I am safe no matter where I am. There is no more wonderful truth in the universe than this. In any emergency I can call on Him, secure in the knowledge that He is an all-powerful and ever-present help.

The realization of His power—His ability to heal the incurable disease, to prevent an automobile accident, to give abundance to all men—gives me a deep desire to be worthy of Him. I would be a true son of God. I would develop the potentialities that He gave me; I would increase my capacity to accept His gifts.

I would learn to pray; I would learn to reach out in silence toward Him until at last I hear the

still small voice of God guiding me.

I would learn to give of things and of intangibles. Most of all I would learn to give of God's love, of His joy and inspiration.

In time of joy, in time of sorrow, in time of serenity, in time of need I feel God's presence.

I will fear no evil; for thou art with me; Thy rod and thy staff, they comfort me.
—PSALMS 23:4

Saturday

I KNOW THAT GOD'S LIMITLESS LOVE SUPPLIES MY NEEDS, AND I GRATEFULLY ACCEPT HIS GIFTS.

HE loving Father whose Spirit is in you, His child, has made full provision for all your needs. He has placed all good things at your disposal. This is eternally true even though

supply seems at times to be limited.

God is abundant life. His life in you is more than able to make you abundantly rich in life. Trust in Him even when all seems dark and hopeless and the new day will dawn, bringing you every good thing. Trust in Him in spite of every appearance.

Affirm this truth: "God is all good. God is my Father. I am His child. I know that His limitless life is my life, and I give myself up wholly and completely to Him in faith, knowing that He is leading me in ways of happiness, peace, and

plenty. All good is mine from Him."

As you rely on God rather than on your human abilities you behold abundant supply taking the place of apparent lack.

And distribution was made unto each, according as any one had need.—Acts 4:35.

Sunday

MY OWN COMES TO ME UNDER DIVINE LAW.

That which is rightfully yours comes to you under divine law. This is true, no matter how unjust the circumstances of your life

may appear to be.

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If you believe that you are being unjustly treated, if you believe that someone is withholding your rightful good from you, if you believe that some benefit or blessing is being denied you because of personal prejudice or feeling against you, you need to change your belief. You can begin changing your belief by affirming that your own comes to you under divine law. This will help you let go of feelings of injustice and grievance.

The promise is "Prove me now herewith, saith Jehovah of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it." The windows of heaven open in your own mind. Your faith in God and His unfailing justice opens the way for the good that is your divine inheritance as His child to fill your life to overflowing.

as His child to fill your life to overflowing.

Prove me now herewith, saith Jehovah of hosts.
 MAL. 3:10.

Monday

THE SPIRIT OF LOVE AND COURAGE AND GOOD JUDGMENT WITHIN ME REVEALS TO ME THE WAY I SHOULD GO.

HENEVER we need to make a decision, the way to tell whether we are acting by divine guidance or under the pressure of our needs is to weigh the situation in the scales of love, of courage, of good judgment. A decision arrived at in this way will not fail to reveal to us the way we should go.

Sometimes we feel a need to expand our life, to try new powers, but we are afraid to let go of what is familiar to step out into what is yet untried. This is a time to let courage lead the

way.

Sometimes we are called upon to choose between personal gain and that which is beneficial to more than ourselves. This is a time to let love lead the way.

Sometimes our needs are so urgent that we are tempted to take the first course open to us. This is a time to let good judgment lead the way.

> In all thy ways acknowledge him, And he will direct thy paths.
> —PROV. 3:6.

Tuesday

GOD HAS GIVEN ME A FREE, VICTORIOUS SPIRIT.

HERE IS that in me which cannot be cast down by circumstances, which cannot be bound by habit, which cannot be overcome by evil. This is the free, victorious spirit with which God endowed me in the beginning.

I know that this is true, for I have felt the presence of this spirit in time of need. When I would have despaired something within me has prompted me to lift up my heart and thought, to

begin again.

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No matter how I may have failed, or how far I may have fallen short of attaining some desired goal, the spirit in me that cannot fail stands strong and faithful. I am upheld in spirit by God's power and strength even when, humanly speaking, I do not seem to have the strength to stand.

As I remember that God has given me a free, victorious spirit, I am set free from any belief in

human limitation.

Thou, O Lord, art mighty in the midst of me, upholding me, strengthening me, blessing me with perfect freedom and perfect peace.

For ye . . . were called for freedom.—GAL. 5:13.

Wednesday

THROUGH CHRIST IN ME I HAVE PERFECT CONTROL OF MY EMOTIONS.

I MPULSIVE outbursts during moments of emotional stress lead to much misunderstanding and inharmony. In the heat of anger a word is spoken, an act performed, a letter written; and while a person can always apologize, it is still difficult to remove the sting once the words have been uttered or the deed done.

If we have been guilty of such impulsiveness let us not condemn ourselves but rather seek the Father's forgiving help and resolve from this time on to control our emotions. No matter what another person may do or say, if it rouses us to the point of anger and indignation, before we react rashly let us turn our thoughts within to the presence of God and think of His peace and love within us until we are calmed. When we are thus inwardly still, ideas will flow easily into our mind, directing us to do, say, write those things which will not aggravate but rather bless the situation.

Through Christ in us we have perfect control of our emotions

or our emotions

[♣] He that is slow to anger is better than the mighty. —Prov. 16:32.

Thursday

THROUGH FAITH IN GOD I OPEN THE DOOR TO MY GOOD AND ENTER INTO A NEW LIFE.

TE MAY feel as though there is a closed door before us that keeps us from entering into a happy, healthy, prosperous life. We may even feel that there is a closed door between us and God. But the only closed door between us and our good is our own lack of faith, our own belief in limitation. We open the door to our good by opening our mind to Truth, by keeping our thoughts and words positive and constructive.

Sometimes just a light touch opens the door that has seemed tightly closed to us. For instance, the door to success in some endeavor may suddenly open to us by our simply changing our thought from "I can't" to "I have faith in my divine ability."

Whatever the particular door that seems to shut you off from your good, it need not remain closed. You have the power to open it. That power lies in your understanding of Truth, in your realization that you are one with God.

♠ A great door and effectual is opened unto me.—I Cor. 16:9:

Friday

MY MIND IS CHANGED AND MY LIFE IS CHANGED THROUGH THE SPIRIT OF CHRIST WITHIN ME.

WILL think thoughts of love, good will, and peace today. I will let no unlovely, unkind, ungenerous, or ugly thought stay in my mind. I will let the Christ in me form and direct all my thoughts. I will love with all my heart.

I will think thoughts of health and prosperity and true success today not only for myself but for everyone. I will think the Christ thought of good, of power, of victory, of fulfillment.

I will think thoughts of compassion and courage for everyone in need everywhere. I will think strength and understanding and love for them. I will think thoughts of positive, lifting faith.

I will think God's thoughts after Him, the true thoughts of the Christ within. I will think Truth today and witness Truth's transforming power at work in my life.

My mind is changed and my life is changed

through Christ within me.

Great peace have they that love thy law; And they have no occasion of stumbling. —PSALMS 119:165.

Saturday

I AM LOVING AND AT PEACE, FOR GOD IS LOVE AND GOD IS IN MY HEART.

O ONE who lives and works with other people can invariably receive the kind of treatment he expects, can hear just the words he wants to have said to him, can have the people around him always understand him, can be completely free from criticism and gossip.

But anyone who wants to can be completely free from hurt feelings, from loss of faith in humanity, from self-pity, from bitterness, and from feelings of condemnation for those who may have

seemed to wrong him.

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How can he do this? By keeping himself poised and centered in God, by learning to look beyond the words and actions of others to the Spirit of

God that is present in all and through all.

The Spirit of God, the Spirit of love in us, is stronger than hurt feelings or bitterness or self-pity. When we quiet the human feelings and let go of even the belief that we can be hurt, we feel the sure, strong love of God within our heart, and we are able to keep peaceful in ourselves and give a blessing of peace to those about us.

^{*} Follow after peace with all men.-HEB. 12:14.



RUTH HARWOOD

We cannot see Thee;
But because we see,
We know Thy love
Must ever be.

We cannot hear Thee;
But because we hear,
We know Thy love
Is ever near.

We cannot touch Thee; But because we feel, We know Thy love Is here to heal.

Though outer senses Reveal not Thee, Love proves our full Divinity.



GOD IS WITH ME IN THIS HOUR.

In This hour God is with me. His strength sustains me. His love comforts me. His life infolds me. His presence is with me; it cannot fail me!

I cannot fully know or understand God's pattern for my life. But in every experience I know that God will see me through. I need not go alone.

When in faith I turn wholeheartedly to Him some difficult obstacle may be moved from my path. But even when it seems that I must pass through a trying experience I have faith in God's power. I know that whether help is needed for myself or for someone else, all things are possible with God. Fresh life can surge into a wasted body; harmony can appear in tangled human relations; every situation, no matter how difficult it appears to be, can be met victoriously.

I keep my thought turned Godward. God is my

shepherd.

"Yea, though I walk through the valley of the shadow of death,

I will fear no evil; for thou art with me."

• What shall I say? Father, save me from this hour. But for this cause came I unto this hour.—JOHN 12:27. t-

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Monday

I REST SECURE IN THE PROTECTING PRESENCE OF GOD.

HERE IS a Spirit within me that can guide me perfectly every step of my way on the journey through life. The Spirit of God within me is a loving Spirit, whose sole purpose is to lead me "in green pastures . . . beside still waters."

If I am not sure of my direction I will take time to relax and consciously place my trust in this indwelling Spirit. Never a moment too late help will come to guide me upon the right path, to keep me from doing that which would not be beneficial to me spiritually.

In all my ways I acknowledge the presence of Spirit, which protects me from selfishness, limitation fear and doubt

tion, fear, and doubt.

When I truly trust God and keep my thoughts stayed on Him, He protects and guides and blesses me in all my ways.

I rest secure in the knowledge that God is leading me.

I sought Jehovah, and he answered me, And delivered me from all my fears. —PSALMS 34:4.

Tuesday

GOD'S SPIRIT WITHIN ME STIRS ME TO FAITH AND FREES ME FROM EVERY RESENTFUL THOUGHT AND FEELING.

HENEVER I feel bitter or resentful, I remind myself that the nature of life is to fulfill, to complete, not to deny or

deprive.

I remember that even though I may not have had as substantial a start in life as others, life can be as fulfilling for me as for anyone else. I remember that God has breathed into me the same life that is shared by all and that this life is creative and fulfilling.

I remember that even though I have experienced disappointment and disillusionment I have gathered insight through those experiences. I remember that insight is important to life's fulfillment, and

I rejoice in this greater knowing.

I remember that even though it may seem that more is asked of me than of others, only of them that have much to give is much required. I remember that true fulfillment comes through the unfolding of my own spiritual gifts, and I rejoice in the opportunities given me to unfold.

He satisfieth the longing soul.—PSALMS 107:9.

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Wednesday

SPIRIT LEADS ME FORWARD IN TRUTH, RE-VEALING MORE AND MORE GOOD EVERY DAY.

PIRIT WITHIN you inspires you in your greatest work in life—to know and express Truth. Knowing Truth yourself, you are able to share your blessings with others. Seeking Truth for its own sake, you have the sure promise of the Father that you will find it.

The loving Father is saying to you right now: "Come My child, give Me your heart and take all good. Give Me your faith, and I will give you all things—success, health, happiness. Know that I am with you and dwell trustingly in Me."

As you pray for a greater realization of the Christ in you, a sense of joyous union with God and men comes to you.

As you seek the truth with all your heart you become more and more aware of it and your life becomes more purposeful and more blessed in every way.

Know that Spirit is leading you forward in Truth, revealing more and more of God's goodness to you every day.

t is your Father's good pleasure to give you the king-dom.—Luke 12:32.

Thursday

MY FAITH IS IN THE CONSTRUCTIVE POWER OF GOD.

LL ABOUT me in the natural processes of life I see evidence of a dependable, constructive, creative power at work. This power made me and nourishes my being. My faith in this power releases me from all apprehension and

anxiety, and I am serene and peaceful.

As I depend upon this power for guidance, all my thought and effort carries my life forward in a prospering, satisfying way. I know that I am not going to be denied any blessing I need for happiness. I know that every phase of my lifemy health, my supply, my self-expression-is nourished by this dependable, constructive, creative power that nourishes all life. I relax in this knowledge and live each day free from fear for the future, free from tension, free from any inclination to compare my life with another's life.

Just as every tree, every flower, every snowflake is a separate and unique creation, so I am a separate and unique creation, and my individual needs

are supplied by the power that created me.

Faith is the substance of things hoped for.—HEB. 11:1.

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I AM THE WORTHY AND BELOVED CHILD OF GOD.

Such a feeling is usually the result of an inner sense of insecurity.

The self of us that feels guilty or unworthy or insecure is not our true self. This self may give way to depression, but always there is the divine self of us that knows itself as very worthy, as beloved of God.

We can keep poised and steady by continually lifting up the divine self of us. The more we affirm that we are the worthy and beloved child of God the less subject we are to periods of depression and moodiness.

Even when we do not feel like a worthy and beloved child of God we need to tell ourselves this truth. Feelings of guilt, of self-condemnation are destructive, but there is building up, there is renewal in the feeling of confidence and poise that comes to us when we remember that we are God's own child, that He knows us as very worthy, that we are beloved of Him.

[€] We are children of God .- ROM. 8:16.

Saturday

I AM INSPIRED THROUGH THE CHRIST WITHIN TO WITHHOLD CRITICISM AND TO GIVE LOVE.

NKIND CRITICISM and argument are among the most common causes of unhappiness. There is a way to remove these causes and promote peace and harmony. It is to keep deliberately silent when the impulse to criticize or argue comes and to bless those who seem to be unjust.

This seemingly difficult thing to do becomes easy when you seek inspiration from the Christ within yourself. The same spirit that led Jesus to remain silent before His accusers and to forgive them is equally strong in you.

Christ in you is powerful for good. When inspired by Christ you act with loving-kindness, you rise above critical or contentious feelings.

Your spirit of love and forgiveness, your silent blessing brings peace to your own heart and harmony to any situation in which you find yourself.

You are inspired through Christ within you to withhold criticism and to give forth love.

Love your enemies, and pray for them that persecute you. . . . For if ye love them that love you, what reward have ye?—MATT. 5:44, 46.

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Sunday

NOW IS THE WORD OF GOD MADE FLESH IN ME.

DEAR FATHER-GOD, let Thy Word become manifest in me. Let me manifest the Word of God in every act of mine, yes, in every thought. Let the Christ indwelling in me be magnified. Let the Word of God dwell in me richly.

I let go of every habit that is less than the best. I discipline my mind so that I do not only keep from speaking words of fear or anger or envy but I do not even think of them. I grow through prayer and meditation, through silently waiting on God, and through constant thanksgiving to Him.

To let the Word of God become a part of mein bone and blood, in thought and word, in love and joy—this is my goal. And this is not an impossible goal.

Now is the Word of God made flesh in me. Now are the very cells of my body filled with the life of God. Now is my mind inspired by the wisdom of God. Now is my heart blessed by the love of God. Now am I one with God.

of God. Now am I one with God.

In the beginning was the Word.—JOHN 1:1.

Monday

I TRUST THE WISDOM OF GOD TO REVEAL TO ME WHAT I NEED TO KNOW.

OMETIMES we waste much precious energy in trying to figure out the reason for things that have no actual bearing on practical daily living. It is good to be of an inquiring mind that ever searches for Truth, but when this searching creates a tense and strained condition that causes us to become inwardly upset, then it is time to quiet the thinking processes for a time and actively to trust.

We seem often to forget that there actually is a divine wisdom within us that is capable of revealing to us whatever we need to know. Spirit does not burden us with knowledge that would interfere with our doing our present duty; it rather reveals that which is applicable to the situation at hand.

If I am perplexed about something and no amount of reasoning brings me a logical answer, then I will stop trying so hard; I will trust in God and patiently await His answer.

● For I will give you a mouth and wisdom, which all your adversaries shall not be able to withstand or to gainsay.—LUKE 21:15.

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Tuesday

I ABIDE WITH THEE, LORD, THY WISDOM IN MY MIND, THY LOVE IN MY HEART, THY PEACE IN MY LIFE.—UNITY ILLUMINATION THOUGHT.

HEN WE dwell in the secret place of the Most High we abide under the shadow of the Almighty. In this high and holy dwelling place we come into conscious union with the Spirit of truth. We see that when Truth is ours all else is ours.

Our desire for earthly security is perfectly fulfilled when we abide with God, our loving Father, who cherishes us, who loves us with an everlasting love. He provides us with an earthly dwelling place where we may abide in love and peace. He gives us wisdom to see that His way for us is the way of harmony and co-operation with all other men, the children of our Father, who is Father of all.

The wisdom of God in our mind, the love of God in our heart, and the peace of God in our life are now our assurance that we are one with the light eternal, whose glory illumines us.

• He that abideth in love abideth in God, and God abideth in him.—I John 4:16.

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I ABIDE WITH THEE, LORD. THY LOVE PRO-VIDETH FOR MY NEEDS. THY WISDOM PROS-PERETH ME.—UNITY PROSPERITY THOUGHT.

Most High and abide under the shadow of the Almighty, we are no longer filled with apprehension about the future. We know that when we rest in our abiding place with Him, we experience the joy of having all our needs provided for by His loving-kindness.

Our Lord, the Father of all, is rich beyond our ability to imagine, for He is the source and supply of all that the world calls wealth, both visible and invisible. From His divine storehouse comes the substance that becomes manifest for us in manifold ways as money or other material substance to provide for our needs. From Him comes also the divine wisdom that fills our mind with the spiritual riches that are priceless.

Each one of us should daily affirm that we abide with God, surrounded by the infinite riches of His kingdom. The greater our realization of our oneness with Him the more abundantly we are prospered both materially and spiritually.

Abide in me, and I in you .- JOHN 15:4.

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Thursday

I ABIDE WITH THEE, LORD. THOU, LORD, ART HEALING ME.—UNITY HEALING THOUGHT.

Or FATHER, to Thee, who art the essence of all that is, we lift up our hearts in a mighty song of praise. Thou hast been our dwelling place in all generations, and we abide forever with Thee, conscious of Thy love being poured out upon us.

Thy Spirit hath given us light, and we behold Thee as the source of life, health, strength, power. We look to Thee for the assurance that we can be and that we now are made whole and well. Thy still small voice speaks in our heart, saying, "Be whole, My child." We accept Thy gracious gift of healing, our Father, who art pure and changeless love.

Thy Spirit of life and health now fills us, renews us, lifts us up, and restores us. We now show forth in manifestation the perfect health that is Thy gift to us who claim it, accept it, and realize it through our faith in Thee. In Thee, who art life and healing, we abide evermore.

Then shall thy light break forth as the morning, and thy healing shall spring forth speedily; and thy righteousness shall go before thee.—Isa. 58:8.

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Friday

THE POWER OF GOD WITHIN ME ENABLES ME TO ADJUST MYSELF TO ALL CONDITIONS AND TO ESTABLISH ORDER IN MY LIFE.

Regardless of what the conditions of your life may be, you can establish harmony and order in your affairs by recognizing the power of God that is within you. Through His power you can make adjustments within yourself that will help you meet conditions without

resistance or discouragement.

Surrender yourself and all that concerns you to God's care, knowing that His power is working through you to help you make every necessary adjustment in your life. Whether in your home or in your place of work, whatever the phase of your life, you can make any needed adjustment more quickly by realizing that the power of God is working through you to establish order and harmony in all that concerns you.

Daily bless your home, bless those with whom you work, and know that the power of God within you enables you to adjust yourself to life and

to all its experiences.

● God gave us . . . a spirit . . . of power and love and discipline.—II TIM. 1:7.

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Saturday

SOUL SPEAKS TO SOUL THROUGH PRAYER, AND THERE IS LIFTING UP.

ID YOU ever want to say to some ill person, "You are one with the life of Spirit, and this life is renewing and restoring you," but you hesitated because you knew he would not understand? There is a language that penetrates all barriers to understanding and gives the lifting up needed. This is the language of prayer.

When we understand that prayer is a dynamic language, with substance and strength, we realize that at all times we have something definite and helpful to give another. We never need to stand by in helplessness and futility when another person needs help. We have real support to give, the

support of prayer.

When we get a conviction within ourselves that another is truly renewed and sustained by the transforming Spirit of God within him and tell him so with our thought, we are speaking the language of prayer—a language always understood, always uplifting.

€ The prayer of faith shall save him that is sick.—JAMES 5:15.

Sunday

I EXPRESS LOVE CONTINUALLY IN THOUGHT AND WORD.

You can find your greatest happiness and greatest usefulness by affirming and expressing love. You will rest better and rise more refreshed if on going to bed you think thoughts of love until sleep comes. You will find the day brighter and more meaningful if you think thoughts of love as you rise and dress.

If you are inclined to be depressed or discouraged say to yourself: "I am worthy of love, and I have God's love. I am blessed now and always."

If you would help another person, silently hold him in your thought and repeat: "God loves you. I love you. You are surrounded by and filled with love."

No matter what you desire, realization comes by way of love. Hold love in your thoughts until its power redeems and transforms every unloving or critical thought. Through love you have the power to achieve your heart's desire. Through love you have the power to bless your own life and the lives of those about you with peace and joy.

Love worketh no ill to his neighbor: love therefore is the fulfilment of the law.—ROM. 13:10.

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I AM FILLED WITH THE VITAL, POWERFUL LIFE OF SPIRIT.

Within us the vital, powerful life of Spirit. Sometimes without realizing it we entertain the race belief in human weakness and limitation. We think of ourselves as tired, as weak, as unable to do many of the things we want to do.

But the truth is that we are filled at all times with the vital, powerful life of Spirit. Age cannot affect this life. This life cannot be depleted. It is the life that flows eternally from the one source, God, and we are forever renewed and replenished by it.

We build up energy, vitality, enthusiasm for life by affirming that we are spiritual beings, by affirming that the life of God in us is stronger than any appearance of weakness or disease.

We build up a strong life consciousness through our thoughts and words. Let us cease thinking and talking of ourselves as weak or tired or old. Let us think of ourselves as alive with the life of Spirit.

It is the spirit that giveth life.—JOHN 6:63.

Tuesday

I KEEP MY MIND OPEN TO TRUTH AND MY HEART OPEN TO DIVINE LOVE.

Way life should be lived, I realize that I do not know all Truth. So I do not pass judgment when the actions of others fail to conform to my convictions. I observe and learn. I keep my mind open and my heart tolerant.

While I may feel that I have acquired more intellectual knowledge than others, I realize that the purest wisdom springs from the creative spirit underlying life. I am aware that this spirit speaks through every mind and heart, so I never close my mind to any person. I keep my mind open and

my heart responsive.

While I may feel that my ideas would solve another's problems or create more order in his life, I realize that each soul must find its own way, that I have no right to dictate how another is to go. I keep my mind open and my heart loving.

I realize that each soul is seeking to know God, and the way for me to know God and to help others know Him is to keep my mind open and

my heart unprejudiced.

Be not wise in your own conceits.-ROM. 12:16.

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Wednesday

THE LOVING, COMFORTING PRESENCE OF CHRIST INFOLDS ME, AND I FIND PEACE OF MIND AND HEART IN HIS LOVE.

HE LOVING, comforting presence of Christ is with us at all times to sustain us in every experience in life and to give us peace and strength. His presence is with us always to uplift and comfort us.

Christ's loving presence infolds us every moment of the day, and if we could but realize this we should never become depressed or unhappy about the experiences we or our loved ones have to meet. If we have a feeling of sadness or grief because we have lost someone who is dear to us or someone whose friendship we have treasured, we can be sure that even in moments of despair Christ's love continues to infold us. He is the Comforter, and He will uplift and sustain us in our time of need.

We are never alone when we realize that the presence of Christ infolds us continually. He is with us wherever we go, and He is ready to give peace and comfort to the troubled heart.

[♠] So will I comfort you; and ye shall be comforted. —Isa. 66:13.

Thursday

ONLY GOOD CAN COME TO ME, FOR GOD IS IN CHARGE OF MY LIFE AND AFFAIRS.

In his book *Prosperity* Charles Fillmore says to pray thus: "I am a child of the absolute good. God is good, and I am good. Everything that comes into my life is good, and I am going to have only the good." He adds: "Establish this consciousness... and your life will be a perpetual joy. I cannot tell you why this is true, but I know that it is and that you can prove it for yourself to your satisfaction."

Establish this consciousness of good now, this moment, and sustain it all through the day. If any problem or unpleasant situation confronts you, keep knowing this truth: "Only good can come to me, for God is in charge of my life and affairs." Know that God is mightier than any problem, greater than any difficulty. Make this contact with God and your life and affairs will be divinely ad-

justed and put in order.

I praise Thee and thank Thee, O God, for all the good I now have and for all the good I am going to have.

[♦] Only be strong and very courageous, to observe to do according to all the law.—Josh. 1:7.

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I AM RENEWED BY THE RENEWING POWER OF GOD.

but He is continually renewing me with His life, light, and love. If I am in need of healing I turn my attention to God's renewing power within me, which uplifts and sustains me regardless of the magnitude of my need.

Because God is the source of my life and strength I turn first to Him in time of need. Confidently and expectantly I call upon the God power within me to establish me in perfection of mind and body. My attention is turned within; I am receptive to God's healing power; and a perfect

healing work is being done in me.

As I am renewed with the renewing power of God I remember to give thanks to Him. Because God is I am. God is my life and my strength; in Him I can do all things.

I am constantly aware of the tremendous power that resides within me, always ready to heal, to renew, and to restore when I turn to it in faith.

[•] They that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary.—ISA. 40:31.

"Out of Darkness into His Marvelous Light"

Through the Unity publications in Braille the marvelous light of the Jesus Christ teachings has dispelled the darkness in the lives of many blind friends. Every day we contact new friends who are not sighted in the outer sense but who are spiritually discerning and eager for a means of communing with the inspired thought of the day.

One reader says: "I wish to thank you very much for your lovely gift to me of DAILY WORD and Wee Wisdom in Braille. These magazines will give me many happy and helpful hours, which would otherwise have been very

lonely."

Our Braille readers of long standing are serene in their knowledge of Truth, thus they have a part in lifting the consciousness of the world. Another reader says: "I have been helped so very much, and feel that in spite of all that is going on these days I can still count my

blessings. God is good."

If you know of some person who would be helped by DAILY WORD, our Braille publication for adults, or by Wee Wisdom, our children's magazine in Braille, send us the name and we shall be glad to enter a subscription without charge. Since these magazines are published in revised Braille, grade 1½, be sure that your friend is familiar with this grade.

The cost of publishing our Braille literature is met in part by love offerings of friends, and we are grateful

for every gift for this part of the Unity work.

IN RESPONSE TO NUMEROUS REQUESTS UNITY ANNOUNCES THE PUBLICATION OF

Javorite Unity Radio Jalks

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A Collection of "Unity Viewpoint" Radio Scripts Most Popular with Radio Listeners



The first Unity radio talk was given on July 16, 1922, in Kansas City, Missouri, over Radio Station WOQ. Since that early beginning, Unity's service through radio has expanded until today Unity has a nation-wide program known as the "Unity Viewpoint," a fifteen-minute broadcast presented six days a week over more than thirty stations in all parts of the United States, and also in Puerto Rico. Hawaii, and Australia.

For many years listeners have written to Unity requesting that the best and most popular of the scripts used on the program be printed in book form. It is in response to these numerous requests that we herewith present the book Favorite Unity Radio Talks. The scripts included were selected because of their popularity with and helpfulness to the radio listeners. They cover a variety of subjects—health, happiness, prosperity, human relations—all presenting the Unity viewpoint and the practical application of Truth to the problems of today's living.

Favorite Unity Radio Talks is a standard Unity book

priced at \$1.

"BANK" ON PROSPERITY

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statements. However this Bank is much more than a little cardboard receptacle. It is a symbol of your partnership with God!

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Unity School of Christianity, Lee's Summit, Mo.

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Discover Your Real Self!

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This year Unity's annual Truth-Demonstration program is based upon the subject of self-discovery. To help you establish your true identity as the mind, the substance, and the expression of God, a refreshing, renewing course in the demonstration of Truth principles has been planned for you, using the Unity book What Are You? by Imelda Octavia Shanklin.

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1. Using the book What Are You? by Imelda Octavia Shanklin, set aside a certain portion of each day for reading and meditation.

2. Follow the assignments given in the free auxiliary booklet that accompanies each copy of the book What Are You? ordered now for use in this summer program.

3. Read the Bible passages suggested for each day.

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4. Put into practice daily the Truth points you learn.

Begin your Truth-Demonstration program at your leisure. If you do not already have a copy of the book W bas Are You? order a copy today from your local Unity center or direct from Unity headquarters.

WHAT YOU WILL GAIN:

Participation in this program of self-discovery will lead you into a new awareness of yourself and the divine power within you. You will find new abilities and learn new and definite rules for using them. You will discover once and for all time that for using them.

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so that you may take part in this program.)

UNITY SCHOOL OF CHRISTIANITY Lee's Summit, Missouri



The Twenty-Third Psalm

The Lord IS my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters.

He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou ART with me; thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

